

# Servant Principle

*Philippians 2:3-8*



## Upside Down Activity

*(Adult Supervision Advised 😊)*

**Materials Needed:** Drinking glass or jar, water, plastic tub, towel, pieces of cardstock

- Demonstrate the following experiment that seems to defy gravity!
  - Working over the plastic tub (or sink) to protect from spills, fill a jar or drinking glass to the brim with water.
  - Place the piece of cardstock over the top of the glass and hold securely.
  - Quickly turn the glass upside down (over the plastic tub/sink) while maintaining pressure on the cardboard.
  - Slowly remove the hand that is holding the cardstock.
- Repeat the experiment by letting your child(ren) give it a try.
- Be sure to fill the jar to the brim and use a dry piece of cardstock each time.  
[For a visual of the experiment, visit: <http://bit.ly/2MtMrrE>]

***Turning a glass of water upside down and not spilling it seems to defy gravity. It's not what you'd expect to happen. Jesus turns things upside down, too. He flips the way we think about ourselves and others. He challenges us to live differently.***

***Open your Bibles and read Philippians 2:3-11*** (If you need help finding these verses, ask a grown-up or older brother or sister for help.)

Read Philippians 2:3-11

***Put others first because Jesus put you first. God wants us to think about others' needs and treat them the way Jesus did. This is sometimes very, very hard to do. That is what we need to pray and ask God to help us. We can also read the Bible. The Bible teaches us about humility because God thinks it's important, and He wants us to be humble instead of proud and selfish. Jesus gave us His example to follow. He put God's plan first, which meant He did something wonderful for us. He died on the cross, rose from the dead, and is our Savior now and for always.***

# Copy Dot Activity

(You will need at least 2 people)

**Materials Needed:** Bible, timer, 1 copy of “Copy-Dot” (following page) and pencil, per person.

- Divide into groups of two, have pairs sit back to back and give a “Copy Dot” Activity Page and a pencil to each person.
- Without letting their partner see what they’re drawing, tell both partners to draw 10 large dots in random places anywhere on the top left grid.
- Explain that, at your signal, partners can turn around and show one another their pages but for only 10 seconds. Tell them to do their best to remember where each dot is on their partner’s page.
- When time is up, direct partners to turn back around.
- Give them 10 seconds to draw from memory their partner’s pattern of dots onto the top, right grid of their page.
- After 10 seconds, have partners stop and compare their drawings with their partner’s original to see how closely they match.
- Read Philippians 2:3-4 aloud.
- Ask partners to sit back to back again.
- Read Philippians 2:5-8, which describes ways Jesus showed humility. Every time they hear an example (of humility), have them draw a dot in any square on the bottom left grid. (You might need to help younger children identify and then explain examples in this passage.) Direct them to scatter the dots around the grid in random squares.
- Repeat the earlier challenge, but this time give partners only five seconds to look at one another’s pages before trying to duplicate the pattern on their own paper.

***Copying dots exactly as you saw them wasn’t easy. You had to pay close attention to the pattern so that you could remember it. Then you had to picture it in your mind as you tried to draw it. That’s a lot like following Jesus’ example. We take a look at how Jesus did something, and then we tuck it into our memory and try to duplicate it in our life. That’s not easy, is it? That is why Jesus gave us the Holy Spirit to help us. If we have Jesus as our forever friend, then the Holy Spirit is within us and will help us live as Jesus did. Jesus wants us to copy HIM. He was humble and did things for others. We should be humble and do things for others, too and we can pray and ask the Holy Spirit to help us.***

- Ask kids to talk about ways they can imitate or copy Jesus by putting others first.
  - If needed, prompt the discussion by naming places they go, things they do, and people they are with.

**Pray as a family, asking God to help you humbly serve others and thank Him for Jesus!**

